



INTERNATIONAL SHOOTING SPORT FEDERATION
INTERNATIONALER SCHIESS-SPORTVERBAND E.V.
FÉDÉRATION INTERNATIONALE DE TIR SPORTIF
FEDERACION INTERNACIONAL DE TIRO DEPORTIVO

ISSF Headquarters • Bavariaring 21 • 80336 Munich, Germany

To all ISSF Member Federations

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Munich, May 9, 2018 /DF

RE: ISSF Athletes Handbook

Dear Presidents,
Dear Friends,

The International Shooting Sport Federation is pleased to present to you the ISSF Athlete's Handbook. The book has been developed with the aim of making useful information regarding various aspects of professional sport readily accessible for the benefit of young and elite shooting sport athletes around the world.

The ISSF recognizes that creating platforms to support athletes on their journeys is critical for the sustainable and wholesome development of shooting sport. A sport career presents several challenges and programs that are focused on the well-being and personal growth of professional athletes are of paramount importance. While success is greatly celebrated and widely acknowledged, equal focus is required on the processes involved with preparation and the assistance required to meet the challenges. The ISSF Athlete's handbook is an initiative in this direction.

This handbook has been created by the International Shooting Sport Federation, the ISSF Athletes Committee and various subject matter experts. It follows a question and answer structure and includes 11 topical sections divided into 5 parts. Each section covers 10 questions, making it a total of 110 questions relevant to the career of an athlete. The handbook also includes several info graphics and quotes from athletes to contextualize the facts presented.

You can go through the contents and start reading from a specific question or topic that most appeals to you. In that sense, the handbook could be used either to get fundamental information about a topic or as a reference when a particular issue demands attention.

The book is available for download at the official website of the ISSF at <https://www.issf-sports.org/media/athletes/ISSF%20Athletes%20Handbook.pdf>

We hope you find the information contained in the handbook beneficial. If you have any thoughts on the handbook, we welcome all comments and hope you enjoy the handbook.

Thanking you for your kind cooperation, we remain,

With best regards

A handwritten signature in black ink, consisting of several fluid, overlapping strokes that form a stylized representation of the name Olegario Vázquez Raña.

Olegario Vázquez Raña
ISSF President

A handwritten signature in black ink, consisting of several fluid, overlapping strokes that form a stylized representation of the name Franz Schreiber.

Franz Schreiber
ISSF Secretary General